

Dr. Christina M. Lujan

DC, CCSP[®], AT, CKTI[®]
Board Certified



701 Osuna Rd NE, Ste 600, Albuquerque, NM 87113



505.508.2369



www.SpineTeamChiropractic.com

Professional Statement

I encourage healthy active lifestyles and well-being of individuals with neuro-biomechanical impairments. I am acquiring chiropractic sports medicine and experience to treat all members of the community and promote community health by facilitating active lifestyles. I continue to broaden my practice to include all levels of athletes, families, and the U.S. Military Veterans. I will become a leader in the chiropractic community and help advance the art and science of chiropractic medicine.

Professional Experience

CEO, Chiropractic Sports Physician

Spine Team Chiropractic & Sports Medicine // January 2014 – Present

Board Certified Chiropractic Sports Physician (CCSP[®]) through the American Chiropractic Board of Sports Physicians (ACBSP[®]).

- **Courses & Symposia:** Rocky Mt. Athletic Training Association (RMATA) Annual Conference Symposium (ACS) Bridging the Gap Workshop: Albuquerque, NM, April 2019.
- **Sub-Contractor:** USA Team Handball, CMO and WMI Global, Medical Staff for high profile athletes and extreme sports.
- **State Licensure:** New Mexico

Certified Kinesio Taping Instructor[®]

Kinesio[™] // October 2014 – Present

Duties: Professional educator to the community involvement through the Kinesio Taping workshops, seminars, legislation, and expos. Assist and coordinate continuing education seminar workshops videos and literature for medical practitioners and medical providers.

- **Podium Presentations:** aaPM&R 2018 Annual Meeting, Orlando, FL: *Kinesio[®] Medical Taping Method*. John Henry Sloan, MD, **Christina M. Lujan, DC**. Kinesio Tape[®] 2017 International Research Symposium Honolulu, HI: *Effects of Kinesio Tape Application on Breastmilk Production*. **Christina M. Lujan, DC**, Jeanine Valdez, MD, Marie Valdez, PT. Kinesio Tape[®] 2015 International Research Symposium Tokyo, Japan: *Effects of*
- **Poster Presentations** - Clinical Case Report: Premature Atrial Contractions, 2015 KTAI Research Yearbook, Volume2, Number1. Clinical Study: Effects of Kinesio[®] Tape Application on Breastmilk Production. Valdez J, MD, **Lujan CM, DC**, Valdez M, PT; The Academy of Breastfeeding Medicine 23rd Annual International Meeting, November 2018 (San Francisco, CA)
- **Abstract Publications** – *Effects of Kinesio Tape Application on Breast Milk Production*. Valdez Jeanine, MD, **Lujan Christina, DC**, Valdez Marie, PT. Accepted for Publication, The Journal of Breastfeeding Medicine.

Past Work Experience

- Chiropractic Intern., Moody Health Clinic, Pasadena, TX, Jan. 2013 – Dec. 2013
- Full Time Graduate Student, Texas Chiropractic College, May 2007 – Dec. 2013
- Athletic Trainer, PTA Spine Team Texas, Southlake, TX, Oct. 2005 – May 2007
- Physical Therapist Technician, Central Texas Medical Center, San Marcos, TX, April 2003 – May 2005

Curriculum Vitae

Education

- Texas Chiropractic College, DC, 2009-2013
- Texas Chiropractic College: BS Biology Human Anatomy, 2009-2012
- Parker Chiropractic College, Graduate Studies, 2007-2009
- Texas State University: BESS, Athletic Training, 2003-2005

National Board Licensure

- National Board-Certified Doctor of Chiropractic Medicine, 2013
- National Board-Certified Doctor of Chiropractic Physiotherapy, 2013

National Board Specialty Certifications

- American Chiropractic Board of Sports Physicians (ACBSP®):
 - DACBSP®, Diplomate American Chiropractic Board Sports Physician® (proceeding)
 - CCSP®, Certified Chiropractic Sports Physician®, 2016
- International Certifies Webster Technique, 2015

International Certification

- FICS®, Federation International of Sports Chiropractic®, 2019
- International Certified Webster Technique, Pediatric & Family Wellness, 2015
- CKTI®, International Certified Kinesio Taping Instructor®, 2014

Sport Specific Certifications

- ACBSP® Concussion Registry Protocol, 2017-Dec. 2021
- SafeSport: Safety & Risk Management
 - USA Handball (USAHB), 2021-2023
 - USA Gymnastics (USAG), 2018-2022
 - USA Track & Field (USATF), 2018-2022
 - USA Wrestling (USAW). 2018-2022

Awards

- Mt. Dew Tour Street Skateboarding Olympic Trials, Des Moines, IA, Medical Staff 2021
- Team USATF Pan American U20 Championships, San Jose, Costa Rica, Chiropractor Medical Director, 2019
- NM Track & Field Championships:
 - Master's Indoor World Championships, ABQ, NM, Medical Director 2016, 2017
 - Elite's Indoor Championships, ABQ, NM, Medical Coordinator, 2017
 - Junior Olympics Championships, ABQ, NM Medical Director, 2016

Professional Community Outreach & Leadership

Sports Medicine Medical Director, Team Physician

New Mexico Runner Arena Soccer, MASL2 // August 2018 – Present

Medical Chair Director

USA Track & Field New Mexico Board of Director // January 2016 – Present

New Mexico Games Board of Director // June 2016 – Present

Athletic Event Medical Support 2015 - Present

- Rail Yard Games CrossFit Competition
- Sport Physicals for high school and pro athletes

Treasurer, NMCA Board of Director

New Mexico Chiropractic Association // June 2019 – 2021

Future Fund of Albuquerque Community Foundation

Board Member // February 2014 - 2018

Curriculum Vitae

Hobbies



Hiking



Running



Snowboarding



Soccer



Travel

Links



Facebook

/DocCMLujan



Twitter

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Instagram

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